

WHAT WE OFFER...

*Compassionate Care for
Your Mental Health Needs*



OUR CORE VALUES

To nurture individual growth and personal development

To develop an awareness of cultural humility

To foster a respect and appreciation of others

To develop one's self as an individual

To develop and enhance communication and problem-solving skills

To develop social skills, sound values and self-determination

To empower others through the use of self-actualization

To promote dignity for all

To provide services consistent with sound principles; ethical and therapeutic practices

To respect a person's right to confidentiality

OUR MENTAL HEALTH SERVICES



INTENSIVE IN-HOME SERVICES –

Providing structured support to children and adolescents in need.

OUTPATIENT THERAPY – Individual and family therapy sessions for emotional and mental well-being.

MOBILE CRISIS SERVICES – Immediate support for individuals experiencing a mental health crisis.

COMMUNITY CRISIS STABILIZATION – Short-term intervention to stabilize and support individuals in distress.

MENTAL HEALTH SKILL BUILDING – Empowering individuals with skills to improve daily living and independence.

SUPERVISED VISITATION-Allows parents in high conflict or high-risk situations access to their children in a safe and supervised environment.

SCOPE OF SERVICES



- ✓ SUICIDE/SELF HARM
- ✓ SUBSTANCE USE/ABUSE
- ✓ ANXIETY DISORDERS
- ✓ DEPRESSION
- ✓ BIPOLAR DISORDER
- ✓ PERSONALITY DISORDERS
- ✓ POST TRAUMATIC STRESS DISORDER
- ✓ ATTENTION DEFICIT HYPERACTIVITY DISORDER
- ✓ ACTIVITIES TO DAILY LIVING
- ✓ COPING SKILLS
- ✓ ANGER MANAGEMENT
- ✓ SOCIAL SKILLS / COMMUNICATION SKILLS
- ✓ CHILDHOOD TRAUMA
- ✓ PSYCHO-EDUCATION
- ✓ POOR SCHOOL PERFORMANCE
- ✓ RUNAWAYS
- ✓ POSITIVE DISCIPLINE PARENT EDUCATION
- ✓ PHYSICAL, EMOTIONAL, & SEXUAL ABUSE
- ✓ HUMAN TRAFFICKING
- ✓ INTIMATE PARTNER VIOLENCE & much more!

If you are experiencing a mental health **CRISIS**, please call **911 (Emergency)** or **988 (Crisis Lifeline)**